

Progressive Tennis Term 1 Coaching @ Cambridge Racquets Club



TERM 1 TENNIS TIMETABLE - COURSES START MONDAY 30TH JANUARY 2012
FOR FULL DETAILS ON ANY OF THE COURSES PLEASE SEE WWW.CRC.ORG.NZ

	MORNINGS		3:30	3:45	4:00	4:15	4:30	4:45	5:00	5:15	5:30	5:45	6:00	6:15	6:30	6:45	7:00	7:15	7:30	7:45	8:00	8:15	8:30	8:45	9:00	
Monday			MTT RED 1 (5-7YRS)	MTT RED 2 (5-7YRS)	MTT ORANGE 1 (7-10YRS)	SENIOR DEVELOPMENT SQUAD	MTT ORANGE 3 (7-10YRS)	SENIOR PERFORMANCE SQUAD	MTT ORANGE 2 (7-10YRS)	MTT GREEN 1 (10+YRS)	SENIOR ELITE SQUAD	CAMBRIDGE PRO SHOP MENS LEAGUE	SENIOR ELITE SQUAD													
Tuesday			7am ELITE SQUAD	9am CARDIO TENNIS	MTT RED 1 (5-7YRS)	MTT ORANGE 2 (7-10YRS)	MTT GREEN 1 (10+YRS)	SENIOR PERFORMANCE SQUAD	MTT ORANGE 1 (7-10YRS)	MTT GREEN 2 (10+YRS)	SENIOR ELITE SQUAD	EASI TENNIS	SENIOR ELITE SQUAD													
Wednesday			9.30 - 10.15am TINY TOTS (3-5YRS)		MTT RED 1 (5-7YRS)	MTT ORANGE 1 (7-10YRS)	MTT GREEN 3 (10+YRS)	SENIOR PERFORMANCE SQUAD	MTT ORANGE 1 (7-10YRS)	MTT GREEN 3 (10+YRS)	SENIOR ELITE SQUAD	CARDIO TENNIS	SENIOR ELITE SQUAD													
Thursday			9am EASI TENNIS	7am ELITE SQUAD FITNESS	MTT RED 3 (5-7YRS)	MTT RED 1 (5-7YRS)	MTT ORANGE 1 (7-10YRS)	MTT ORANGE 1 (7-10YRS)	SENIOR DEVELOPMENT SQUAD	SENIOR DEVELOPMENT SQUAD	SENIOR MATCHPLAY LADDER	NEW WORLD LADIES LEAGUE														
Friday			7am ELITE SQUAD	930 - 10.15am TINY TOTS (3-5yrs)	1.30 - 2.15pm TINY TOTS (3-5yrs)				JUNIOR MATCHPLAY LADDER	JUNIOR DEVELOPMENT SQUAD	SENIOR MATCHPLAY LADDER															
Saturday			\$6 SUPER SATURDAY KIDS MORNINGS!!! FUTURE SUPERSTARS (10 & Under) 9 - 9.45am						THE SATURDAY SOCIAL - JUNIOR CLUB AFTERNOON 1- 3PM MEMBERS ONLY																	
			GRASSHOPPERS TOURNAMENTS (12 & Under) 9 - 12pm - 11th Feb, 25th Feb, 10th March, 24th March																							

ENROLMENTS: MINI TENNIS TRIBE/TEENS/DEV TEENS/ADULTS E: Vicky Toates - vicky@progressivetennis.co.nz T: 022 636 5408
PERFORMANCE/ELITE SQUADS E: Ian Bishop - ian@progressivetennis.co.nz T: 021 842 810

SOCIAL SENSE OF AUTONOMY
FREEDOM VOLUNG
FLEXIBILITY
BALANCE ENERGETIC
FUN CHALLENGING
IN TENSE-HIGH QUALITY
ALWAYS SMILING
ORGANIZED
STRUCTURED

Progressive Tennis is proudly supported by



