

Progressive Tennis Term 4 2011

Teenagers/Development/Performance Programme



FULL COURT TEENS	M \$90 N/M \$100
Ideal for: Teenage players who like to play socially and are keen to pick up some new tips!	
Times: Monday 6.00 – 7.00pm	
DEVELOPMENT TEENS	M \$90 N/M \$100
Ideal for: Any teenagers looking to accelerate their tennis playing ability with a view to playing interclub/school matches	
Times: Friday 6.30 – 7.30pm	
JUNIOR FITNESS	\$60 FOR 8 WEEKS OR \$10 P/SESSION
Led by our Performance Coach Pete Hoyland, he will work on tennis specific fitness using the surroundings of Lake Te Ko Utu!	
Times: Tuesday 6.00 – 7.00pm	
ELITE/PERFORMANCE SQUADS	
PERFORMANCE PLUS (7 WEEKS)*	\$160
For our top players to train hard in preparation for regional, national and international tournaments.	
Time: Monday 6 – 8pm	
PERFORMANCE 1 (7 WEEKS)*	\$160
Our upcoming junior players who are interclub and regional tournament regulars can improve their all round game in these sessions.	
Time: Monday 4 – 6pm	
PERFORMANCE 2	\$140
Using a combination of green compression balls & hard balls, this squad is a transition for our most talented young players looking to move into the top regional player ranks in the coming years.	
Time: Thursday 4.30 – 6pm	
PERFORMANCE 3	\$140
Using green compression balls only, this is the starter performance squad for our most talented athletes that have aspirations of being top players.	
Time: Friday 4.30 – 6pm	
OPEN PERFORMANCE SQUAD	\$125
All our hard working players are invited to this squad to train in a points based environment, moving up and down against those in other Performance Squads. Good attitude is everything in this squad.	
Time: Tuesday 4 – 6pm	
WAIPA REGION SQUAD	\$150 6 weeks
The top players in our district get a hard workout in this Elite Squad	
Time: Wednesday 4 - 6pm	
ELITE MORNING SQUADS + FITNESS	\$80 for 8 weeks
Morning trainings for our most committed players who want a good workout before school starts. \$80 for 1/\$150 for 2/\$225 for 3 p/week.	
Times: Tuesday 7-8am, Thursday (Fitness) 7-8am, Friday 7-8am	

Progressive Tennis is proudly supported by



SUMMER ACTIVITY

Junior Interclub, Grasshoppers Tournaments, Regional Tournaments, ITF Junior Tournaments. Now is the time to be playing, whatever your level! Heaps of opportunities to play and to train. Get involved!

NEW WEBSITE

www.progressivetennis.co.nz

www.crc.org.nz

MULTI SQUAD DISCOUNT

For the serious Performance Squad players, they will attract a 5% discount for 2 squads and 10% discount for 3 or more

PAYMENT DETAILS

Prompt payment on or before 1st session is appreciated.

Payment by cash, cheque, (to Progressive Tennis), or Internet

Account Name: Progressive Tennis

Account No: 06 0301 0180252 00

Ref: CRC & Your child's name

CONTACT DETAILS:

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